

Women OB/GYN Pregnancy Medication List

It is recommended that you take **NO** medication during the first trimester unless medically indicated.

Medications	1st Trimester 1 -14 weeks	2nd Trimester 15-28 weeks	3rd Trimester 29 -40 weeks
ANTACIDS, REFLUX UPSET STOMACH			
Plain Maalox, Mylanta, Tums, Rolaids	YES	YES	YES
Pepto-Bismol (bismuth subsalicylate)	NO	NO	NO
Pepcid (famotidine)	YES	YES	YES
Tagamet (cimetidine)	YES	YES	YES
Aciphex (rabeprazole) Rx	YES	YES	YES
Nexium (lansoprazole) Rx	YES	YES	YES
Prevacid (pantoprazole) Rx	YES	YES	YES
Prilosec (omeprazole) Rx	YES	YES	YES
Protonix (pantoprazole) Rx	YES	YES	YES
ANTIBIOTICS (all Rx)			
Amoxicillin, ampicillin Rx	YES	YES	YES
Augmentin (amoxicillin + clavulante) Rx	YES	YES	YES
Bactrim (trimethoprin/ sulfamethoxazole) Rx	NO	WITH DR. APPROVAL	NO
Cipro (ciproflaxcin, Levofloxacin (Levaquin) Rx	NO	NO	NO
Clindamycin Rx	YES	YES	YES
Doxycycline Rx	NO	NO	NO
Erythromycin Rx	YES	YES	YES
Keflex (cephalexin)	YES	YES	YES
Macrobid, Macrochantin (nitrofurantoin)	NO	WITH DR. APPROVAL	WITH DR. APPROVAL
Tetracycline Rx	NO	NO	NO
Zithromax (azithromycin) Rx	YES	YES	YES
Metronidazole	YES	YES	YES
ANTI-DEPRESSANTS			

Discuss with provider/NO paxil (paroxetine)	NO	NO	NO
ANTI-DIARRHEALS			
Imodium (loperamide)	YES	YES	YES
Kaopectate (bismuth subsalicylate)	NO	NO	NO
ANTI-EMETICS (nausea)			
Doxylamine (Unisome sleep tabs)	YES	YES	YES
Kytril (granisetron) RX	YES	YES	YES
Phenegan (promethazine)	YES	YES	YES
Reglan (metoclopramide) Rx	YES	YES	YES
Zofran (ondansetron) Rx	YES	YES	YES
ANTI-FUNGALS			
Diflucan (fluconazole) RX	NO	YES	YES
Gynazole 1 (butoconazole) Rx	NO	YES	YES
Gyne-lotrimin 3 or 7 day (clotrimazole)	NO	YES	YES
Monistat 1 (miconazole, ticonazole)	NO	YES	YES
Monistat 3 or 7- day (miconazole)	NO	YES	YES
ANTI-HISTAMINES, DECONGESTANTS COUGH & COLD			
Afrin nasal spray (oxymetazoline)	NO	NO	NO
Benadryl (diphenhydramine)	YES	YES	YES
Chlor-trimeton (chlorpheniramine)	YES	YES	YES
Cough Drops	YES	YES	YES
Sudafed (pseudoephedrine)	NO	YES	YES
Allegra (fexofenadine)	YES	YES	YES
Clarinet, Alavert (loratadine)	YES	YES	YES
Zyrtec (certirizine)	YES	YES	YES
Mucinex (guaifenesin)	YES	YES	YES
Mucinex D (guaifenesin + pseudoephedrine)	NO	YES	YES
Robitussin Cough, Delsym (dextromethorphan)	YES	YES	YES
Robitussin CF cough & cold (dextromethorphan + guaifenesin + phenylephrine)	NO	NO	NO

Robitussin DM (dextromethorphan + guaifenesin)	YES	YES	YES
Zicam	YES	YES	YES
Any decongestant ending in PE, containing phenylephrine should NOT be taken during pregnancy			
Most decongestants ending in D contain pseudoephedrine			
ANTIVIRALS			
Famvir (famcyclovir)	YES	YES	YES
Valtrex (valcyclovir)	YES	YES	YES
Zovirax (acyclovir)	YES	YES	YES
Tamiflu (oseltamivir)	YES	YES	YES
LAXATIVES STOOL SOFTENERS			
Colace (docusate sodium)	YES	YES	YES
Citrucel (methylcellulose powder)	YES	YES	YES
Dulcolax (bisacodyl)	YES	YES	YES
Lactulose Rx	YES	YES	YES
Milk of Magnesia	YES	YES	YES
Miralax (PEG)	YES	YES	YES
Senokat (senna)	YES	YES	YES
PAIN/FEVER			
Aleve (naproxen sodium)	NO	NO	NO
Aspirin (81mg)	YES	YES	YES
Motrin, Advil (ibuprofen)	NO	WITH DR. APPROVAL	NO
Tylenol (acetaminophen)	YES	YES	YES
Tylenol with codeine Rx	RECOMMENDED	DOSE	ONLY
TOPICAL CREAMS/OINTMENTS			
Benadryl, hydrocortisone, caladryl	YES	YES	YES
Retin A	NO	NO	NO