

ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

A DIVISION OF WOMEN'S CARE CENTER OF MEMPHIS

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Post LEEP Information

LEEP

(LOOP ELECTROSURGICAL EXCISION PROCEDURE)

1. USE A PAD, NOT A TAMPON, AS NEEDED FOR BLEEDING OR DISCHARGE UNTIL BLEEDING STOPS.
2. ADVIL, ALEVE OR TYLENOL MAY BE USED AS DIRECTED ON BOTTLE FOR ANY CRAMPING YOU MAY EXPERIENCE.
3. DO NOT HAVE INTERCOURSE UNTIL AFTER YOUR POST PROCEDURE VISIT WITH YOUR DOCTOR. INTERCOURSE IS NOT ADVISED UNTIL 4- 6 WEEKS AFTER YOUR PROCEDURE.
4. DOUCHING IS NOT RECOMMENDED. DO NOT DOUCHE.
5. NO HEAVY LIFTING OR STRENUOUS EXERCISE FOR 2 WEEKS.
6. LIGHT BLEEDING FOR UP TO 2 WEEKS IS NORMAL. HOWEVER, IF BLEEDING BECOMES HEAVY, OR IF YOU HAVE QUESTIONS REGARDING THE AMOUNT OF BLEEDING YOU ARE EXPERIENCING CALL THE OFFICE.
7. YOU MAY DEVELOP A BROWNISH DISCHARGE LASTING SEVERAL DAYS. IF THIS DISCHARGE BECOMES FOUL SMELLING, OR IF A FEVER IS PRESENT CALL THE OFFICE.
8. SCHEDULE AN APPOINTMENT FOR THE WEEK AFTER YOU FINISH YOUR NEXT PERIOD FOR A POST PROCEDURE EXAM.
9. UNLESS YOUR DOCTOR INSTRUCTS YOU OTHERWISE, YOUR PAP SMEAR SHOULD BE REPEATED 3-4 MONTHS AFTER THE LEEP PROCEDURE WAS PERFORMED.

PLEASE SCHEDULE AN APPOINTMENT FOR A FOLLOW-UP VISIT **3-4 MONTHS AFTER YOUR LEEP**. AT THIS VISIT THE **PAP SMEAR** WILL BE REPEATED TO ENSURE THAT ALL CELLS ARE WITHIN NORMAL LIMITS. YOUR PHYSICIAN WILL DISCUSS ADDITIONAL FOLLOW UP RECOMMENDATIONS WITH YOU AT THIS TIME.