



ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

A DIVISION OF WOMEN'S CARE CENTER OF MEMPHIS

Breast Cancer Screening Guidelines

	American College of Obstetrics and Gynecology	American Cancer Society	United States Preventive Services Task Force
Begin screening at age	40	45	50
Frequency	Annually although biannually may be ok for low risk women	Annually age 45-55 Every other year there after	Every other year
Stop screening	Not recommended	When life expectancy is less then 10 years	Age 74
Clinical breast exam	Every 1-3 year age 20-39 Annually after age 40	Not recommended	Neutral
Self Breast Exam	Breast "Awareness" recommended	Neutral	Not Recommended