

Helpful Learning Activities for Infants 12-16 Months Old

Focus on: *Cognitive Development*

Interactive Games.



Babies love games at this age (Pat-a-Cake, This Little Piggy). Try different ways of playing the games and see if your baby will try it with you. Hide behind furniture or doors for Peek-a-boo; clap blocks or pan lids for Pat-a- cake.

Unwrapping Surprises.

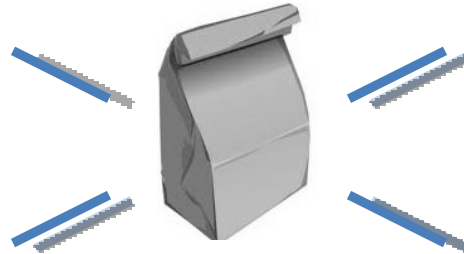
Loosely wrap a small toy in a paper towel or facial tissue without tape. Your baby can unwrap it and find a surprise. Use tissue paper or wrapping paper, too. It's brightly colored and noisy.

Make Sound Shakers.

String canning rims together or fill medicine bottles (with child-proof caps) with different-sounding objects like marbles, rice, salt, bolts, and so forth. Be careful to secure lids tightly.

Make a Surprise Bag.

Fill a paper or cloth bag with a soft toy, something to make a sound, a little plastic jar with a screw-top lid, or a book with cardboard pages.



Vary the Amusements.

Your baby is learning that different toys do different things. Give your baby a lot of things to roll, push, pull, hug, shake, poke, turn, stack, spin, and stir.