

# Advanced Primary Care Management (APCM): A Guide for Patients

# What is Advanced Primary Care Management (APCM)?

Advanced Primary Care Management (APCM) is a patient-centered approach that allows us, as your primary care providers, to receive reimbursement for delivering the coordinated, comprehensive, and personalized care you expect and deserve.

## Medicare Expanded Covered Services under APCM- Effective January 2025

Medicare will now reimburse your primary care provider for:

- 24/7 on-call access to healthcare providers
- Prior authorizations for medications
- Secure online messaging with your provider
- Comprehensive care management
- Care coordination between hospitals, specialists, home health, physical and occupational therapy
- Performance tracking to measure the quality of care provided to Medicare patients

# Why Are These Changes Happening?

- Before January 1, 2025, Medicare did not provide reimbursement for many of these services.
- The cost of delivering these services has increased significantly.
  - Adjusted for inflation, Medicare payments to physicians have declined by 33% since 2001.
  - Lower reimbursement rates have caused many physicians to either reduce or discontinue treating Medicare patients.
    - Currently only 1 in 4 Family Medicine specialists and only 1 in 7 Internal Medicine specialists accept Medicare patients.
- Recognizing the importance of primary care services, The Centers for Medicare & Medicaid Services (CMS) revised Medicare coverage to ensure payment for these essential services with APCM.

# **Frequently Asked Questions**

#### Will these changes result in higher costs for me?

APCM is designed to reduce overall healthcare expenses. Patients with secondary insurance are expected to have no out-of-pocket expenses. Depending on your insurance, **a monthly coinsurance or copay may apply**. At the start of the year, the copay may be subject to your deductible and higher initial cost.

#### What if I want to stop these services?

You have the right to stop the billing for these services at any time, effective at the end of the calendar month.

## What if I do not want to sign up for APCM?

Right now, APCM participation is not mandatory. However, in the future, it may be required for us to continue to care for medicare patients.

Your provider will review the APCM consent form to sign during your visit.