

# New Ways We're Supporting Your Health in 2026

At Laurel Oak Women's Health, we're always looking for ways to better support your health and well-being. We're excited to introduce three new programs designed to provide more personalized, convenient, and connected care.



## Wholist

- ✓ 12 weeks of meal tracking
- ✓ One-on-one guidance from a wellness coach
- ✓ Ongoing encouragement and progress support

Whether you're working toward hormone balance, weight management, or simply building healthier habits, Wholist offers structured support every step of the way.



## Lovu

- ✓ At-home weight scale for routine tracking
- ✓ Digital blood pressure cuff for monitoring trends
- ✓ Fetal doppler for heartbeat checks
- ✓ Secure submission of readings through the Lovu platform
- ✓ Ongoing review and guidance from the Lovu team
- ✓ Early identification of potential concerns

Lovu adds an extra layer of monitoring while keeping your pregnancy care convenient and connected.



## Branchcare

- ✓ Personalized fertility care planning
- ✓ Treatment coordination and follow-up
- ✓ Ongoing progress monitoring
- ✓ Education on testing and next steps
- ✓ Direct support and communication

Branchcare provides structured support throughout your fertility journey while working alongside your provider's treatment plan



## Interested in Learning More?

- ✓ Ask us about these programs at your next visit
- ✓ Call us at (830)-272-0210



Laurel Oak  
Women's Health  
JODI M. BRANNEN, MD, OB/GYN