



MEDICATION CHECKLIST

Important Instructions for Allergy Testing:

To ensure accurate results, certain medications **MUST be temporarily stopped FOR 7 DAYS before your testing appointment.** Some antidepressants, steroids, and other chronic medications SHOULD NOT BE STOPPED without your doctor's approval. Sleep aids, cough & cold products, and heartburn medications contain antihistamines, so read all labels carefully. **If you are unsure whether a medication should be stopped, check with your physician or pharmacist before your appointment**

General Rule: If it ends in “-ine” you may need to **STOP** taking it **7 days** prior to your testing

Medications to Stop Prior to Testing

Oral Antihistamines & Combination Medications

Allegra (fexofenadine)
Allegra-D (fexofenadine + pseudoephedrine)
Claritin (loratadine)
Clarinex (desloratadine)
Zyrtec (cetirizine)
Zyrtec-D (cetirizine + pseudoephedrine)
Xyzal (levocetirizine)
Benadryl (diphenhydramine (3 days prior))
Atarax, Vistaril (hydroxyzine)
Unisom, Nighttime cold products (doxylamine)
Silenor, Sinequan (doxepin)
Antivert, Bonine (meclizine)
Tavist (clemastine)
AccuHist, Atrohist, RyVent (carbinoxamine)
Hispril (diphenylpyraline)
Temaril (alimemazine)
Brovex (brompheniramine)
Pediox, Triamini (chlorpheniramine)
Periactin (cyproheptadine)
Dramamine (dimenhydrinate)

 **Special note: Benadryl (diphenhydramine)** can be stopped **3 days** prior.

Acid-Reducing Medications with Antihistamines

Pepcid, Zantac (famotidine)
Tagamet (cimetidine)
Axid (nizatidine)

Cold, Cough & Sleep Medications (OTC)

ZzzQuil (diphenhydramine)
Tylenol PM / Advil PM (diphenhydramine)
NyQuil / NyQuil Severe (diphenhydramine)
Advil Cold & Sinus Nighttime (chlorpheniramine)
Sudafed Nighttime (diphenhydramine)
*Any OTC cold medication or sleep aids containing **diphenhydramine** or **doxylamine** (read the label!)*

Nasal Sprays

Astepro, Astelin (azelastine) nasal spray
Patanase (olopatadine) nasal spray
Dymista (azelastine-fluticasone) nasal spray
Ryaltris (olopatadine-mometasone) nasal spray

Eye Drops

Pataday, Patanol (olopatadine) eye drops
Bepreve (levocabastine) eye drops
Elestat (epinastine) eye drops
Zaditor, Alaway (ketotifen) eye drops
Optivar (azelastine) eye drop

✓ **Medications Safe to Continue**

Asthma / Bronchodilators

albuterol / levalbuterol / ProAir / Ventolin / Xopenex
Advair / Symbicort / Dulera / Breo / Breztri
Flovent / Pulmicort / Asmanex / Aerospan / Qvar / Alvesco / Beclovent / Aerobid

Nasal Steroids

Flonase, Xhance (fluticasone) / Nasacort / Nasonex / Qnasl / Nasalide

Essential Medications

Insulin
Blood pressure medications

Other Medications

Antibiotics
prednisone / Medrol / Prelone
Sudafed (pseudoephedrine / phenylephrine)
Accolate (zafirlukast) / Singulair (montelukast)
Azmacort / Nasalcrom / Atrovent / Cromolyn / theophylline
Humibid, Gualifed, Zicam (guaifenesin)
Protonix / Nexium / Prevacid / Prilosec / pantoprazole

SSRI Antidepressants

Celexa / Paxil / Effexor / Prozac / Lexapro / Zoloft
(unless instructed otherwise)

Billing Codes

Skin Test Codes (Food and Environmental)

95004 (per prick)
95024 (per intradermal)

Oral Challenge

95076 First 120 mins
95079 Each additional hour

Venom Skin Test

95017 (per prick and intradermal)

Medication Skin Test

95018 (per prick and intradermal)