

# Executive Cardiac Health Assessment

Three tiers of physician-led cardiovascular evaluation, built for the pace and risk profile of high-performance professionals.

## THE APPROACH

Our executive cardiac health assessments deliver physician-led, comprehensive cardiovascular evaluations, designed for the demands of high-performance professionals. Each package provides meaningful clinical insight, scalable from an individual baseline to a full corporate wellness program.

## HOW PRICING WORKS

Each tier is cumulative: Comprehensive includes everything in Essential, and Elite includes everything in both tiers below it, plus its own expanded imaging and vascular services.

### TIER 1

#### Essential

*Core cardiac screening for the health-conscious executive.*

**\$2,000**

#### CARDIOVASCULAR DIAGNOSTICS

— **24-hour ambulatory blood pressure monitoring**

*Requires a smartphone*

— **Resting ECG / EKG**

*12-lead heart rhythm analysis*

— **Advanced lipid panel**

*Comprehensive cholesterol profiling*

— **Genetic testing**

*Cardiovascular risk gene panel screening*

#### PHYSICIAN SERVICES

— **Virtual consultation with Dr. Sangha**

*Board-certified cardiologist*

*Duration: 1 hour*

— **Personalized risk report & action plan**

*Delivered in 7–10 business days*

#### IDEAL FOR

*Individuals seeking a foundational cardiovascular baseline or annual monitoring.*

### TIER 2 MOST POPULAR

#### Comprehensive

*Advanced functional assessment for complete peace of mind.*

**\$3,000**

*Everything in Tier 1, plus:*

#### CARDIAC IMAGING

— **Coronary calcium score**

*Quantification of calcified plaque*

#### CARDIAC FUNCTION

— **Exercise stress test**

*Cardiovascular fitness & ischemia detection*

#### WELLNESS ADD-ON

— **Virtual nutritional guidance**

*60 minutes with a registered dietician, scheduled after labs are reviewed and your risk report is ready*

*Duration: 1.5 hours*

#### IDEAL FOR

*Executives with moderate risk factors, family history, or those seeking comprehensive annual health optimization.*

### TIER 3 PREMIUM

#### Elite

*The gold standard in executive cardiac wellness — complete, concierge-level care.*

**\$4,500**

*Everything in Tiers 1 & 2, plus:*

#### CARDIAC IMAGING

— **Echocardiogram**

*Detailed heart structure & function ultrasound*

#### VASCULAR IMAGING

— **Carotid ultrasound**

*Carotid artery plaque & stenosis screening*

— **Abdominal aorta ultrasound**

*Aortic aneurysm screening*

— **Ankle-brachial index (ABI)**

*Peripheral arterial disease assessment*

#### EXPANDED VASCULAR ASSESSMENT

— **Lower extremity arterial ultrasound**

*Leg artery blood-flow mapping*

— **Lower extremity venous ultrasound**

*DVT & venous insufficiency screening*

*Duration: 4.5 hours*

#### IDEAL FOR

*C-suite executives, high-performance individuals, or corporate wellness programs requiring the highest standard of cardiac care.*